

MODULE SPECIFICATION PROFORMA

Module Title:	Foundations in Chinese Medicine and Acupuncture	Level:	4	Credit Value:	40
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Module code:	CMP410	Is this a new module? Yes	Code of module being replaced:	CMP406
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Cost Centre:	GACM	JACS3 code:	B343
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Trimester(s) in which to be offered:	1, 2	With effect from:	September 16
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School:	Social & Life Sciences	Module Leader:	Caroline Lomas
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Scheduled learning and teaching hours	150 hrs
Guided independent study	200 hrs
Placement (in onsite clinic)	50 hrs
Module duration (total hours)	400 hrs

Programme(s) in which to be offered	Core	Option
BSc (Hons) Acupuncture	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Pre-requisites
None

Office use only

Initial approval August 16

APSC approval of modification *Enter date of approval*

Have any derogations received SQC approval?

Version 1

Yes No

Module Aims

The aims of this module are

1. To introduce the students to the culture, philosophy and fundamental principles of Chinese Medicine.
2. To equip the student practitioner with the skills to make an appropriate diagnosis according to Chinese Medicinal Theory.
3. To develop the students' knowledge and understanding of the personal and professional skills required by practitioners within the clinical environment.

Intended Learning Outcomes

Key skills for employability

- KS1 Written, oral and media communication skills
- KS2 Leadership, team working and networking skills
- KS3 Opportunity, creativity and problem solving skills
- KS4 Information technology skills and digital literacy
- KS5 Information management skills
- KS6 Research skills
- KS7 Intercultural and sustainability skills
- KS8 Career management skills
- KS9 Learning to learn (managing personal and professional development, self-management)
- KS10 Numeracy

At the end of this module, students will be able to

Key Skills

At the end of this module, students will be able to		Key Skills	
1	Discuss the underlying principles of Chinese Medicine in terms of historical and cultural origins.	KS1	KS4
		KS6	KS7
		KS9	
2	Demonstrate knowledge and understanding of the fundamental theories that underpin Chinese Medicine	KS1	KS6
		KS7	KS9
3	Demonstrate a systematic understanding of the theory of the meridians and collaterals and commonly used points and their relationships with Zang Fu organs.	KS1	KS6
		KS7	KS9
4	Identify the causes of disharmony and disease in the body and show an understanding of The Eight-Principle Theory of diagnosis.	KS1	KS6
		KS7	KS9

5	Demonstrate knowledge and practical skills in the application of the four diagnostic methods in Chinese medicine and traditional Chinese massage (Tui Na).	KS1	KS2
		KS6	KS7
		KS9	
6	Demonstrate evaluation and reflective skills in relation to own clinical practice and the work of their peers.	KS1	KS2
		KS9	
7	Demonstrate an understanding of the impact of values, feeling and beliefs in a professional environment and discuss concepts of “self” and the application to working practice.	KS1	KS3
		KS6	KS7
		KS9	
8	Demonstrate an awareness of interpersonal skills and the therapeutic relationship whilst giving consideration to personal & professional boundaries.	KS1	KS3
		KS6	KS7
		KS9	

Transferable/key skills and other attributes

By the end of the module the student will demonstrate:

Communication skills (oral and written).

Group work

Presentation skills

Ability to work with others.

Engagement in Reflective Practice.

Practical elements of this module have been designed to match the National Occupational Standards for Acupuncture.

Derogations

Credits shall be awarded by an Assessment Board for this module when a mark of at least 40%, or a pass grade, has been achieved in all elements of assessment.

Assessment:

Assessment One:

A Portfolio of written evidence which will demonstrate the students underpinning knowledge of the subject including the clinical aspects of health and safety.

Assessment Two:

A two hour theoretical exam covering all of the subject material studied in the class. This assessment will address all aspects and basic skill development at this level.

Assessment Three:

Students must achieve a minimum of 50 clinical hours at Level 4 to pass this element of assessment.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	1, 6, 7, 8	Portfolio	50%		3 000
2	2, 3, 4, 5	Examination	50%	2 hour	
3		Attendance	Pass	50 hours	

Learning and Teaching Strategies:

The module will be taught through a range of teaching strategies including formal lectures, student-led seminars, discussion, case study presentation, supervised clinical practice and directed study online. Moodle will be used a repository for lecture material.

Indicative Syllabus outline:

Historical development of the philosophy of Chinese medicine within the framework of Chinese culture
 Basic characteristics of Chinese medicine
 The theory of Yin and Yang
 The theory of the Five Elements
 The theory of the Zang Fu System
 The concepts of Qi, Xue (blood), Jing (essence), Jin Ye (body fluid)
 The pathways and functions of the meridians and collaterals
 Commonly used acupuncture points
 Causes of disharmony and disease in the body, six external, seven internal, and other pathological factors
 The Eight-Principle Theory of diagnosis
 Introduction and practical application of the Four Diagnostic Methods
 Introduction and practical application of therapeutic massage (Tui na)
 Concept of Self
 Confidentiality and Data Protection
 Principles of safe, professional, ethical, practice and legal issues
 Holistic paradigm
 Communication skills and the consultation process

<p>Health & Safety Patient modesty & towel etiquette Moving & handling of patient Hand washing</p>
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<p>Bibliography:</p>

<p>Essential reading</p>

<p>Bing, Z. and Hongcai, W. (2010), <i>Diagnostics of Traditional Chinese Medicine</i>. London: Singing Dragon Press.</p>

<p><i>This book is available as an e-book. Please note that you will need to be logged in to Athens to access it. It should also be available in print in the library in Edward Llwyd Building, main campus:</i></p>

<p>Bing, Z. and Hongcai, W. (2010), <i>Meridians & Acupuncture Points</i>. London: Singing Dragon Press.</p>
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<p><i>This book is available as an e-book. Please note that you will need to be logged in to Athens to access it. It should also be available in print in the library in Edward Llwyd Building, main campus:</i></p>

<p>Xinnong, C. (2010), <i>Chinese Acupuncture & Moxibustion</i>. Beijing: Foreign Languages Press.</p>
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<p><i>This book should be available from the library in Edward Llwyd Building, main campus.</i></p>
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<p>Other indicative reading</p>
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<p>Kirschbaum, B. (2010), <i>Atlas of Chinese tongue diagnosis</i>. Seattle: Eastland Press.</p>
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<p><i>This book should be available from the library in Edward Llwyd Building, main campus.</i></p>
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<p>Kaptchuck, T. J. (2000), <i>The Web That Has No Weaver</i>. London: Rider Books.</p>

<p><i>This book should be available from the library in Edward Llwyd Building, main campus.</i></p>
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<p>Li, S. (1998), <i>The lakeside master's study of the pulse</i> (translated by Flaw, B.). Boulder: Blue Poppy Press.</p>
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<p><i>This book should be available from the library in Edward Llwyd Building, main campus.</i></p>
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<p>Maciocia, G. (1995), <i>Tongue Diagnosis in Chinese Medicine</i>. Seattle: Eastland Press.</p>

<p><i>This book should be available from the library in Edward Llwyd Building, main campus.</i></p>
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Maciocia, G. (2004), *Diagnosis in Chinese Medicine: A Comprehensive Guide*. Edinburgh: Churchill Livingston.

This book should be available from the library in Edward Llwyd Building, main campus.

Maciocia, G. (2005), *Foundations of Chinese Medicine*. 2nd ed. Edinburgh: Churchill Livingston.

This book should be available from the library in Edward Llwyd Building, main campus.

Zhang, Y. and Rose, K. (1999), *Who can ride the dragon? An exploration of the cultural roots of traditional Chinese medicine*. Brookline, Mass.: Paradigm Publishing.

This book should be available from the library in Edward Llwyd Building, main campus.

Journals

Acupuncture in Medicine ***This journal is available as an e-journal. Please note that you will need to be logged into Athens to access it.***

American Journal of Acupuncture ***Limited access***

American Journal of Chinese Medicine ***This journal is available as an e-journal. Please note that you will need to be logged into Athens to access it.***

Journal of Chinese Medicines ***This journal is available as an e-journal. Please note that you will need to be logged into Athens to access it.***

Journal of Traditional Chinese Medicine ***This journal is available as an e-journal. Please note that you will need to be logged into Athens to access it.***